



# HEALTHCARE TRANSFER TO-DO LIST

## Notify Current Practitioners

- Pediatrician
- Pediatric dentist
- Primary care doctor
- Dentist
- OB/Gyn
- Pharmacy
- Other Specialists (i.e., Physical Therapist, Chiropractor, Allergist, Dermatologist, Psychotherapist, Massage Therapist, )

## Find New Pediatrician

- Maintain current documentation of vaccines
- Research new pediatricians
- Set up a meeting with new pediatrician candidates
- Check insurance compatibility with pediatrician
- Select a pediatrician
- Transfer medical records
- Make an appointment to establish care
- Notes:

## Find New Pediatric Dentist

- Research new pediatric dentists
- Check insurance compatibility with pediatric dentists
- Select pediatric dentist
- Transfer dental records
- Make an appointment to establish care
- Notes:

## Find New Pharmacy

- Re-fill medications two weeks prior to move, if able
- Research pharmacies near new home, job, and schools
- Check insurance compatibility with pharmacies
- Select primary pharmacy
- Transfer prescriptions
- Notes:

## Find Nearby Hospital & Emergency Room

- Research hospitals near new home, job, and schools
- Put addresses and phone numbers in your phone
- Notes:

## Find Nearby Urgent Care Centers

- Research centers near new home, job, and schools
- Put addresses and phone numbers in your phone
- Notes:

## Find New Primary Care Doctor for Adults

- Research new primary care doctors
- Check insurance compatibility with primary care doctors
- Select primary care doctor
- Transfer medical records
- Make an appointment to establish care
- Notes:

## Find New OB/Gyn Doctor

- Research new OB/Gyn doctors
- Check insurance compatibility with OB/Gyn doctors
- Select OB/Gyn doctor
- Transfer medical records
- Make an appointment to establish care
- Notes:

## Find New Dentist for Adults

- Research new dentists
- Check insurance compatibility with pediatric dentists
- Select pediatric dentist
- Transfer dental records
- Make an appointment to establish care
- Notes:

## Find New Specialist Doctor

- Research new specialist doctors
- Check insurance compatibility with specialist doctors
- Select specialist doctor
- Transfer medical records
- Make an appointment to establish care
- Notes:

## Miscellaneous