

90+ Life Skills to Practice With a Toddler

Car

- How to change a flat tire
- How to change the oil in a car
- How to check tire pressure
- How to fill up the gas tank
- How to wash the car

Cleaning

- How to clean a mirror
- How to clean a toilet
- How to clear the table
- How to do a load of laundry
- How to dust
- How to load & empty the dishwasher
- How to make the bed
- How to put away laundry
- How to put dirty clothes in the hamper
- How to sort laundry
- How to take the trash out
- How to vacuum
- How to wash and dry dishes
- How to wash windows

Cooking

- How to chop fruits and vegetables
- How to find a recipe
- How to grate cheese
- How to make a salad
- How to make a sandwich
- How to make and peel hard-boiled eggs
- How to measure ingredients
- How to plan a healthy meal
- How to read a recipe
- How to set the table

Communication

- How to address and stamp an envelope
- How to admit a mistake
- How to draft a letter
- How to genuinely apologize
- How to get to know someone better
- How to have good table manners
- How to introduce yourself
- How to leave a voicemail
- How to make a phone call
- How to make an appointment
- How to notice the needs of others
- How to pick out a meaningful gift
- How to play with a baby
- How to remember their home address
- How to remember their phone number
- How to send a text message
- How to send an email
- How to throw a birthday party
- How to write a thank-you note

Community

- How to dial 911 and when to do so
- How to donate an item to those in need
- How to leave your environment better than found
- How to look for a book in the library
- How to vote

Finance

- How to make a budget
- How to pay a bill via mail
- How to save for a new purchase
- How to sort coins & bills
- How to write a check

Home Maintenance

- How to change a lightbulb
- How to feed pets
- How to fill a bike tire
- How to get the mail
- How to hammer a nail
- How to hang a picture
- How to mow the lawn
- How to pick weeds
- How to start a garden
- How to water a plant

Self-Care

- How to brush teeth
- How to button a shirt and pants
- How to comb hair
- How to say and spell their full name
- How to sew a button
- How to take a shower
- How to tie shoes
- How to wash face
- How to wash hands properly
- How to zip up a jacket

Sports & Recreation

- How to catch a ball
- How to hit a ball with a bat
- How to hit a ball with a tennis racket
- How to kick a ball
- How to play hopscotch
- How to ride a bike
- How to skip
- How to throw a ball

Travel

- How to book a hotel
- How to book an airplane ticket
- How to follow directions when driving
- How to follow directions when walking
- How to pack a suitcase
- How to plan an excursion out of town
- How to read a map

Keep in mind; your toddler won't be mastering each of these tasks at such a young age. But, walking them through how to do each of these activities will teach them invaluable skills.